

Practice Schedule — How often do teams practice, and where are practices held

Campbell Junior Basketball teams practice regularly throughout the season to ensure players develop skills, understand team concepts, and are fully prepared for league competition.

How Often Teams Practice

Each team practices **2–3 times per week**, depending on grade level and coach availability. Practice schedules are set by each coach and communicated directly to families once rosters are finalized.

Where Practices Are Held

All practices take place at **Campbell High School, Campbell Middle School, and Pearson Middle School** using the gyms assigned to our program. Coaches will provide exact locations, times, and any changes throughout the season.

Communication of Practice Times

Once teams are selected:

- Selected athletes will go to the website see their team, and follow the instructions.
- Coaches will share their weekly practice schedule
- Parents will receive updates through email, team group chats, or the communication method chosen by the coach
- Any changes to gym availability or schedule adjustments will be communicated promptly